

# What services do you use now?

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## What is this form about?

This form can help to think about the type of things you might do or like to try in the community.

#### How to use it:

Tick any services you use now. Write the names of any that you connect with now or have connected with previously.

## When you've finished the form:

Share this with family or staff. This form will help others to know more about your needs. You can take this form to your NDIS planning meeting.



Health	Yes	No
My doctor is		
Do I often need to go to hospital?		
Do I need help managing my medical appointments and medications?		

#### **Mental Health**

Do I have a mental health diagnosis?



		Do I see them often?		Do they help me?		Do I like them?	
Do I have a psychologist or psychiatrist?							
Do I have a mental health worker?							



#### **Guardian's name**

Do I have a legal guardian who helps me make decisions?

meir name is...



### Administrator's name

Their name is\_\_\_\_\_



## Housing